

LENGTH-WEIGHT RELATIONSHIP AND CONDITION FACTOR OF THE ENDANGERED AND ENDEMIC PRESPEA TROUT (*SALMO PERISTERICUS* KARAMAN, 1938) FROM LEVA RIVER, KRANSKA RIVER AND BRAJČINSKA RIVER

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A b s t r a c t: The Prespa trout is a known mountain resident to four tributaries of Prespa Lake in a small area of the Prespa region. Facing threat of extinction, the endemic Prespa trout was categorized as an endangered species. The goal of this paper is to provide information on the condition factor and the L-W relationship with non-lethal research techniques. Electrofishing was conducted on a total of 27 sampling points on Leva, Kranska and Brajčinska rivers. The results showed that Prespa trout have long and slender bodies with low weight value. The condition factor of Prespa trout is poor to extremely poor ranging from 0.7 to 1. L-W as a relationship between weight and length, is used for the growth pattern estimation and condition index, in order to enrich conservation studies and aid management decision makers at national level. L-W relationship and condition factor are closely related and useful for evaluation of fish populations.

Key words: Prespa trout; endangered; assessment; length-weight relationship; Fulton's coefficient

ДОЛЖИНСКО-ТЕЖИНСКИ ОДНОС И ФАКТОР НА КОНДИЦИЈА НА ЕНДЕМСКАТА И ЗАГРОЗЕНА ПРЕСПАНСКА ПАСТРМКА (*SALMO PERISTERICUS* KARAMAN, 1938) ОД ЛЕВА РЕКА, КРАНСКА РЕКА И БРАЈЧИНСКА РЕКА

А п с т р а к т: Преспанската пастрмка ги населува четирите планински притоки на Преспанското Езеро, мала област во рамките на преспанскиот регион. Соочена со закана од исчезнување, ендемската преспанска пастрмка е категоризирана како загрозен вид. Целта на овој труд е да обезбеди податоци за факторот на кондиција (F) и должинско-тежинскиот однос (однос L-W) преку изведување на нелетални истражувачки техники. Електрориболовот беше спроведен на вкупно 27 профили за земање примероци на реките Лева, Кранска и Брајчинска. Резултатите покажаа дека преспанската пастрмка се одликува со долго и витко тело со мала маса. Факторот на кондиција на преспанската пастрмка се движи во границите од „лош“ до „екстремно лош“, со вредности од 0,7 до 1. Односот L-W и факторот на кондиција се тесно поврзани и се корисни за евалуација на популациите риби. Тие се користат за процена на моделот на раст и индексот на кондиција, со цел да се збогатат студиите за зачувување на преспанската пастрмка, како и да им се олесни носењето одлуки на носителите на управување на национално ниво.

Клучни зборови: преспанска пастрмка; загрозен вид; процена; тежинско-должински однос; Фултонов коефициент

INTRODUCTION

Prespa trout, *Salmo peristericus* Karaman, 1938 (verbatim name *Salmo macedonicus peristericus*) is endemic fish species inhabiting four tributaries of Makro Prespa Lake in the Prespa region:

Leva River (tributary of Golema River), Brajčinska River, Kranska River and Agios Germanos River [1]. On the IUCN Red List, the Prespa trout was classified as an endangered species facing a very high risk of extinction in the wild [2]. The assessment was based on long-term studies of the Prespa

trout's population, mainly in Agios Germanos River [1, 3]. The first Species Action Plan with proposed conservation measurements was prepared in order to ensure a longterm conservation of the Prespa trout [1, 3]. Populations of Prespa trout in Leva, Kranska and Brajčinska rivers were studied much less with exception of distribution studies [4, 5, 6] and genetic studies [7]. Prespa trout is known for its small size, not exceeding 35 cm [1, 4]. *Salmo peristericus* is mainly an understudied fish species with not much known about its biology or ecology in these rivers. Population studies are required as well as reassessment of the conservation status. Information about the population distribution and trend, density and abundance, as well as biology, ecology of Prespa trout, are crucial for suitable species management and establishing a long-term protection and recovery of the endemic and endangered Prespa trout population.

Endemic fish species are sensitive to human impact, and therefore nonlethal techniques are more suitable for their investigation. L-W relationship and Fulton's condition factor (FCF) are an important tools for application in fishery science, biology and ecology and conservation studies that can help managers and conservationists make decisions [8–11]. L-W relationship is used to provide the average fish weight of a certain length, while Fulton's C in determining the condition of the population. Weight parameters (*a* and *b*) are useful in several directions: estimating the weight and length of individual fish, calculating fish population indices, comparing the life cycle of fish and morphology of populations of different parts of the catchments and watersheds [12, 13, 14].

The goal of this paper is to provide information on the L-W relationship parameters and the condition of the Prespa trout's population, assessed with nonlethal metrics in order to aid local management and conservation practices. The aim of this research is a part of a more comprehensive assessment of the conservation status of the Prespa trout populations in the Brajčinska, Kranska and Leva rivers, and their tributaries including the Pelister National Park in the Republic of North Macedonia.

MATERIAL AND METHODS

Research area and data collection

The sampling of Prespa trout was conducted during the late autumn season (November to December) in tributaries of Makro Prespa Lake (Braj-

činska, Kranska and Leva rivers with their tributaries) on the territory of North Macedonia (Figure 1). The selection of the sampling points (27 total) was mainly based on the survey by [1]. Research area characteristics (GPS, description, altitude) and measured physicochemical properties (water temperature in °C, dissolved oxygen in ppm, pH, salinity in ppm, conductivity in $\mu\text{S}/\text{cm}$) of the sampling points are given in Table 1.

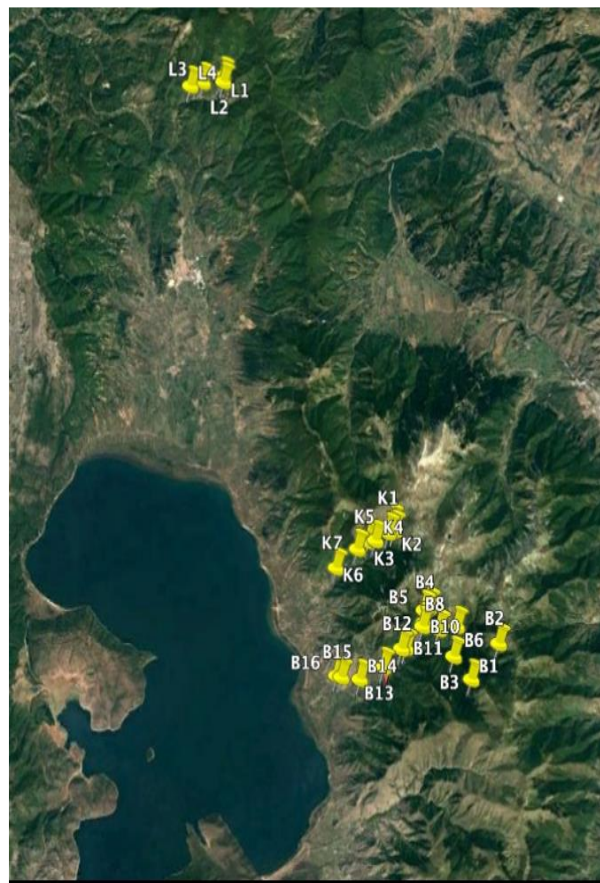


Fig. 1. Sampling points of the study at the tributaries of Makro Prespa Lake: Leva River, Kranska River and Brajčinska River (north to south) (for abbreviations see Table 1)

Electrofishing was conducted according to standard methodology (CEN Directive, 2003) with electric generators Samus 1000 and Samus 725 G. The body mass was obtained for every specimen to the nearest 0.1 g. Basic morphometric measurements were taken (total length, fork length, body length). The sex was determined according to the fish sexual dimorphism. A total of 413 specimens were examined (Leva River $n = 8$; Kranska River $n = 178$ and Brajčinska River, $n = 227$) and returned alive at the same location. Sampling points K7 and L1 showed absence of Prespa trout specimens.

Table 1

Characteristics and physicochemical properties of the sampling points (SP) of Brajčinska River and tributaries (B1–B16), Kranska River and tributaries (K1–K7) and Leva River and tributaries (L1–L4)

SP mark	River	Description of sampling point	GPS coordinate	Altitude (°C)	pH	DO ppm	Conductivity	Salinity	
B1	Ržanska River	Sampling point at the highest altitude	40.8951556, 21.2169734	1571	3.4	8	12.1	36.8	16.4
B2	Brajčinska River	Sampling point at the highest altitude, Rupa area	40.911569, 21.2366257	1518	5.4	7.5	13.5	35.8	16.6
B3	Ržanska River	Upstream and downstream of the concrete bridge	40.9056922, 21.2046308	1381	5.2	8.2	12.3	51.2	23.7
B4	Drmišar	Upstream, junction of Brajčinska River with Marušica	40.9287137, 21.1870883	1300	5.6	7.8	13.4	112	52
B5	Marušica, Brajčinska	500 meters upstream, the junction with Drmišar river	40.9260916, 21.1835457	1286	6.1	7.9	12.4	77.3	36.3
B6	Brajčinska River	Golem Dol, between SHPP and water intake	40.919247, 21.2062476	1228	3.8	8	12.9	172.6	78
B7	Baltanska River	Tributary of Brajčinska River	40.8981639, 21.1754088	1223	7.7	8.1	12.1	70.3	32.8
B8	Brajčinska River	Downstream, the water intake for SHPP PCC	40.9181438, 21.1943514	1202	5.2	7.8	12.6	66.2	30.1
B9	Stanišar	Upstream, the water intake for SHPP	40.9199579, 21.1824587	1194	5.3	7.8	13.4	70.3	31.1
B10	Stanišar	Downstream, the water intake for SHPP	40.9180173, 21.181943	1170	5.2	7.8	12.1	73.7	33.2
B11	Brajčinska River	Saint Ilija	40.9120561, 21.1789965	1111	/	/	/	/	/
B12	Brajčinska River	300 m downstream from the PCC SHPP, upstream to Brajčino village	40.909132, 21.1668358	1040	8.3	7.6	10.3	66.8	57.5
B13	Brajčinska River	Between Brajčino and Ljubojno villages	40.8992765, 21.150944	945	8.1	7.6	10.8	71.1	32.4
B14	Brajčinska River	In to the Brajčino village, under the wooden bridge	40.8958916, 21.1371943	908	5.7	8	12.2	122.5	56.4
B15	Brajčinska River	Upstream of the cascade	40.8968549, 21.1215941	871	6.5	7.8	12.6	125.7	58.6
B16	Brajčinska River	Downstream of the cascade	40.8969053, 21.120313	859	6.6	7.9	12.7	125.7	58.6
K1	Srbina River	Upstream, junction of Kranska with Marušica rivers	40.9640508, 21.1592977	1420	6.1	7.4	11.3	85.2	4.6
K2	Marušica Kranska	Upstream junction with river of Srbina	40.9630681, 21.1616222	1410	5.4	7.5	11.1	27.6	12.5
K3	Kranska River	The first SP, downstream the forming	40.961847, 21.1555918	1341	6.6	8	10.1	82.2	38.8
K4	Kranska River	Upstream of the water intake for SHPP "A"	40.9576009, 21.146132	1243	5.7	7.8	12.5	37.8	17.6
K5	Recište	Upstream, inflow in Kranska River	40.9571672, 21.1420453	1225	7.1	7.7	11.7	111.1	50.5
K6	Kranska River	Between of the water intake and SHPP	40.9547416, 21.1355744	1171	6.7	7.4	12.3	48.4	22.4
K7	Kranska River	In to the Arvati village	40.9461383, 21.1198977	1034	8.1	/	10.5	/	/
L1	Biglička River	200 m upstream of the inflow in Leva River	41.1666794, 21.0368637	1058	5.4	7.6	10.5	88.7	40.6
L2	Leva River	The highest sampling point	41.1736788, 21.0388894	1054	6.1	7.6	10.3	17.3	50.7
L3	Leva River	Middle sampling point	41.167068, 21.0368365	1035	6.7	7.9	10.9	120.3	55.6
L4	Leva River	Upstream of Leva River	41.1661969, 21.0294434	1014	5.3	8	10.6	109.8	49.8

Length-weight relationship (L-W relationship)

Because the fish length can be measured very precisely, allowing rapid sorting of individuals into length classes as an effective and useful mathematical tool, suitable for most analyzing methods used to estimate fish condition L-W relationship was determined for male and female specimens of Brajčinska and Kranska rivers only, due to the low number of caught specimens in Leva River. The following formula is used for the length-weight relationship determination by fitting the data to a potential relationship based on the exponential equation [11]:

$$W = aL^b,$$

where W is the total weight (expressed in g), L is the total length (expressed in cm), a is a coefficient related to body form and b is an exponent. The value b was calculated in an attempt to establish if the Prespa trout growth is allometric or isometric. The growth is isometric if the value of b is 3.0. The growth is allometric if the fish grows faster and increases in length ($b < 3.0$), or increases weight and grows more slowly ($b > 3.0$) [15, 16].

The parameters a and b of the exponential curve were estimated by linear regression analysis over log-transformed data expressed as:

$$\log W = \log a + b \log L.$$

For the parameters in the equation the linear relationship between $\log a$ (logarithmic value for a) and b was used [17]. The values of the constant a and b of the linear regression were determined according to [18, 19].

Fulton's condition factor (FCF)

Considering the fish wellbeing condition, there are three basic variants of condition factor estimation: Fulton's condition factor [20]. Relative

condition factor can be used as a tool for estimation and distinguishing the influences on condition of length and other factors [11] and relative weight factor, applicable for estimating fish body composition, as a measure of fish health and abundance assessment. Fulton's condition factor was calculated by using the formula:

$$K = (W/L^3) \times 100,$$

where K = Fulton's condition factor, W = weight of fish in grams, L = total length in millimeters, 100 = factor to bring the value near to unity. For salmon, K values usually fall in the range from 0.8 to 2.0 [21].

RESULTS AND DISCUSSION

Salmo peristericus was sampled from relatively cold mountain watercourses with average 5.87°C for Leva and Brajčinska rivers and 6.7°C for Kranska River (Table 1). The concentration of dissolved oxygen in water is extremely high with mean values of 12.36 ppm, 11.35 ppm and 10.5 ppm for Brajčinska, Kranska and Leva rivers, respectively. Low alkaline values were measured with mean of 7.9 at Brajčinska, 7.6 at Kranska and 7.8 at Leva rivers. The conductivity and salinity also have low values in all three rivers (Table 1).

The L-W relationship for the Prespa trout from Brajčinska and Kranska rivers is presented on Figures 2–4. Power function is describing the regression between the fish length and weight. The coefficient b from the equation for female specimens from Kranska River is below 3, while for male specimens is above 3 (Figure 3). The coefficient b for both male and female specimens from Brajčinska River is below 3 (Figure 2).

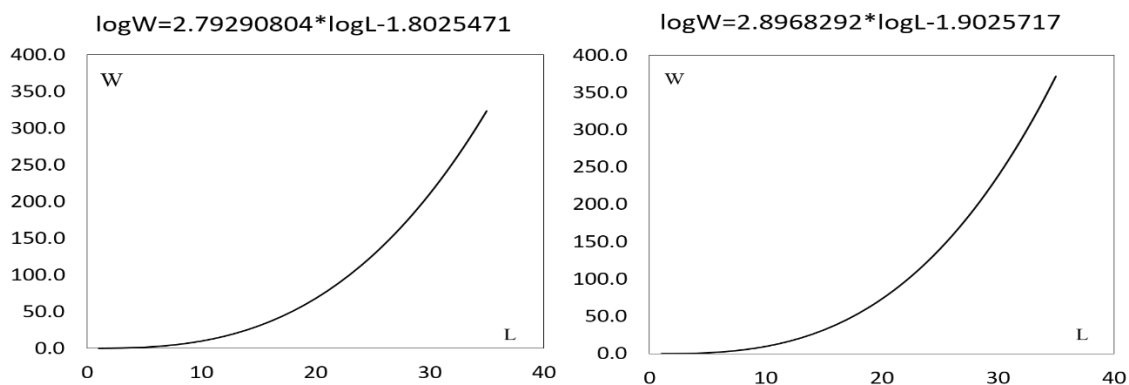


Fig. 2. Length-weight relationship for female (left) and male (right) specimens of *Salmo peristericus* from Brajčinska River

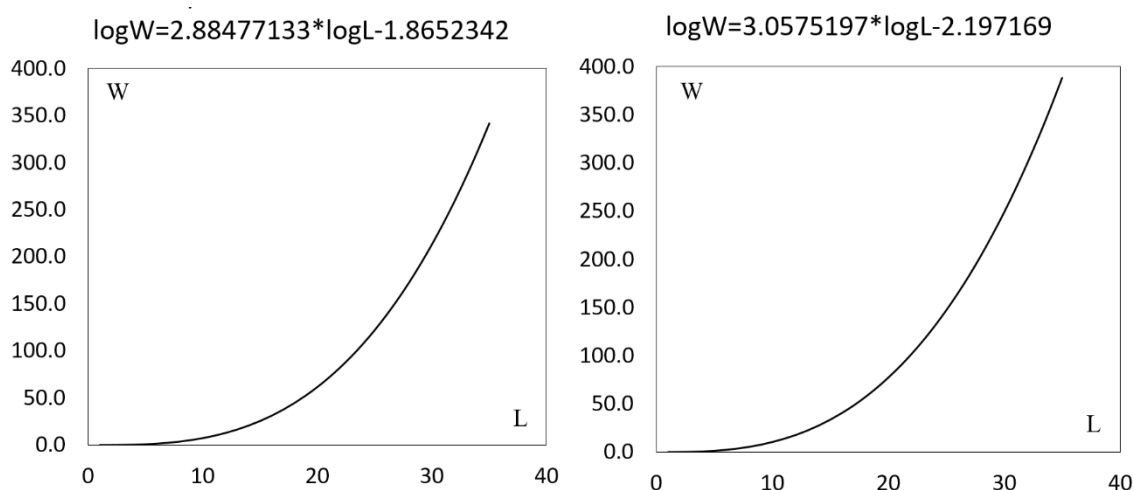


Fig. 3. Length-weight relationship in female (left) and male (right) population of *Salmo peristericus* from Kranska River.

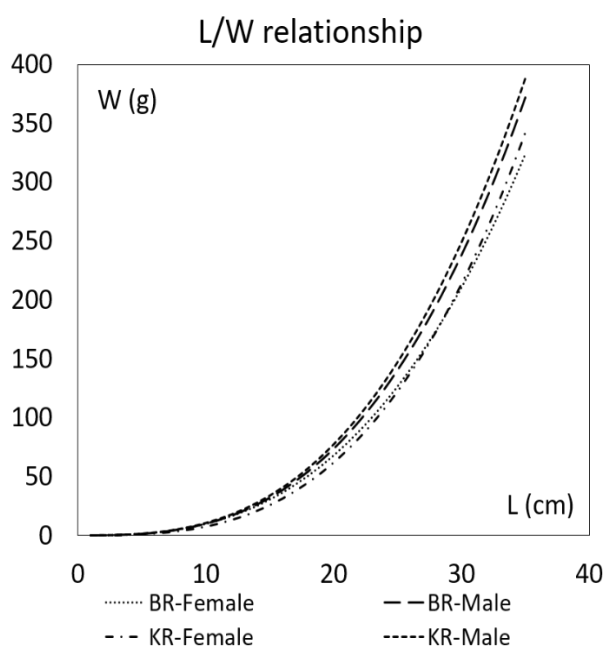


Fig. 4. Length-weight relationship in male and female population of *Salmo peristericus* from Brajčinska (BR) and Kranska River (KR)

The average condition factor (Fulton's condition factor) for *Salmo peristericus* in Brajčinska, Kranska and Leva rivers is 0.9 ± 0.07 (Table 2). The condition factor in specimens from Brajčinska River ranged from 0.7 to 1. In Kranska River Fulton's K ranged from 0.9 to 1, while in Leva River it ranged from 0.8 to 0.9. Males and juveniles in all three rivers have average condition factors of 0.93 ± 0.08 and 0.94 ± 0.09 , respectively. On the other hand, the condition factor for females from all three rivers, on average is, 0.86 ± 0.09 .

The condition factor for male, female and juvenile specimens of *Salmo peristericus* at every sample point is presented in Table 3. Leva River showed absence of juvenile specimens (Table 3). Mean values of condition factor show that all specimens of *Salmo peristericus* at B9 to B11 have the lowest condition factor, while at B5 and B12 have the highest condition factor (Figure 5). Specimens of *Salmo peristericus* in Kranska River have mean values of Fulton's condition factor (FCF) that do not fall under 0.9 (Figure 5).

Table 2

Mean Fulton's condition factor for *Salmo peristericus* in Brajčinska, Kranska and Leva rivers

River	Male			Female			Juvenile			Total	
	Mean	SD	Min – Max	Mean	SD	Min – Max	Mean	SD	Min – Max	Mean	SD
Brajčinska	0.89	0.08	0.8 – 1	0.87	0.09	0.7 – 1	0.94	0.09	0.8 – 1	0.9	0.08
Kranska	0.97	0.05	0.9 – 1	0.92	0.08	0.9 – 1	0.94	0.05	0.9 – 1	0.9	0.04
Leva	0.93	0.06	0.9 – 1	0.8	0	0.8 – 0.8	–	–	–	0.9	0.08
Total	0.93	0.08		0.86	0.9		0.94	0.08		0.9	0.07

Table 3

Condition coefficient's results (Fulton's condition coefficient) for male, female and juvenile specimens of *Salmo peristericus* at all sampling points (see Methods and Material for abbreviations)

SP	Male	Female	Juvenile
B1	–	0.9	–
B2	0.9	1	0.8
B3	0.9	0.8	0.9
B4	0.9	0.8	0.9
B5	–	1	1.1
B6	0.8	0.8	0.9
B7	0.8	0.7	1
B8	0.9	–	1
B9	0.8	0.8	–
B10	0.8	–	–
B11	0.8	0.8	0.8
B12	1	1	1
B13	0.9	0.9	1
B14	1	0.9	0.9
B15	1	0.9	1
B16	1	–	0.9
K1	1	1	0.9
K2	0.9	0.9	0.9
K3	1	0.9	–
K4	1	0.8	0.9
K5	0.9	0.9	1
K6	1	1	1
L1	–	–	–
L2	0.9	0.8	–
L3	0.9	–	–
L4	1	–	–

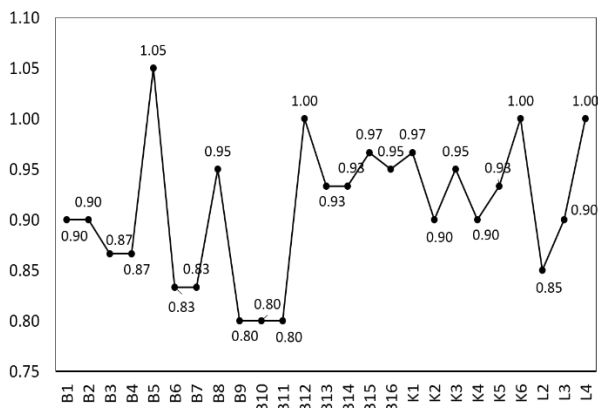


Fig. 5. Mean Fulton's coefficient of Prespa trout in all 27 sampling points of Brajčinska, Kranska and Leva rivers (see Material and Methods for abbreviations)

In this study the L-W relationship parameters and condition factor for gender structure of the population of *Salmo peristericus* are given for the first time. The results of this study are aiming to provide information that can be of use for the conservation and management of the population of *Salmo peristericus* in Leva, Kranska and Brajčinska rivers on the territory of North Macedonia.

For assessment of individual health and trout habitat conditions inhabiting a stream or river, length and length regression calculations are frequently used [22, 23–29]. The mathematical relationship between the length and weight is one of the indicators of changes in the relation within different environmental conditions and stages of development, growth and maturity of fish [30, 31, 32]. The allometric growth formula to describe the weight-length relationship was originally proposed by [33, 34–38] indicate the influence on parameter b and its variation by season, even daily and/or influenced by the number of samples examined, locality, habitat composition, degree of digestive tract filling, time of spawning (fullness of the gonads), sex and actual health status of the fish.

According to reference [39], as the length increases, the weight of the fish also increases logarithmically, with a value between 2.5 and 3.5 usually being 3.0. Values ranging from 2.5 to 4.0 according to reference [40] are considered ideal for fish. References [41, 42] report that the b value is reaching up to 3.0, as well as the fact that quite a number of fish species are approaching that value. Reference [43] indicated differences in b values due to factors affecting growth fish, such as water quality and nutrition supplemented habitat.

Kranska River female trout and Brajčinska River female and male coefficient b indicates negative allometric population growth of Prespa trout, meaning that the trout becomes thinner with increasing length [44]. Concerning the male population from Kranska River has positive allometric relationship, indicating that trout weight increases along with its length increase.

Even though the condition factor is highly influenced by many parameters. It can be used as an indicator for habitat loss and/or habitat quality for threatened or endangered fish species [45, 46, 47]. Because the condition factor is based on the weight and length relationship, the assumption that the growth of length and weight is good, if the conditions of the nutrition environment and food availability is provided.

It is known that the increasing of pH values in experimental conditions gave increased values on the Fulton's factor of the trout [48]. Having in mind that the measurements of the pH values of Kranska, Brajčinska and Leva rivers are neutral to slightly alkaline (Table 1), it is understandable that such a habitat is favorable for the Prespa trout.

Low condition factor is characterized in trout with smaller body size and early maturation, inhabiting small rivers, also existing in isolated populations [49]. The results of this study regarding the new research data that trout's low condition factor are in accordance with studies by [50–52], who also state the low condition factor as a characteristic for the smaller body size.

According to the standardized values of condition factor for salmonid fish, FCF value of 1 is a "poor fish", while fish with FCF value of 0.8 is "extremely poor fish" [20, 21]. Considering these standardized values, the Prespa trout in Brajčinska, Kranska and Leva rivers on average, is a fish with poor condition. Even more, the population of *Salmo peristericus* from Brajčinska and Leva rivers ranges from a "poor" to "extremely poor fish".

The condition factor in trout increases values in both sexes during the spawning season due to the increased weight of the gonads [53]. However, in this study males from the population of the Prespa trout have higher FCF, than the females, as analyzed in all three rivers. The growth in juveniles affects the condition factor as seen in the Atlantic salmon [54]. Therefore, it is possible that the low condition factor in juvenile *Salmo peristericus* is because they use their energy for growth instead for storage. Even though condition factor is a known indicator of nutritional condition, caution should be taken before drawing conclusions on the extremely poor and poor condition and future seasonal analysis should be performed in order to establish a baseline for FCF value of *Salmo peristericus*.

CONCLUSION

Results for the condition coefficient and length-weight relationship indicate poor to extremely poor condition of *Salmo peristericus* from the investigated Brajčinska, Kranska and Leva rivers watercourses. The examined trout was elongated, with a long slender body and low body weight value. In order to fully explain the low condition factor and the allometric growth of the Prespa trout, a further extended research analysis should be taken, concerning the food consumption, food composition

parameters and food availability of the Prespa trout and its habitats.

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