

# Цистеинил леукотриени и хематома-корелативна студија

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## Абстракт

**Вовед:** Интрацеребралната хеморагија (ИЦХ) настанува со руптурирање на крвен сад и екстравазација на крвта во околното мозочно ткиво формирајќи хеморагична колекција-хематом и започнувајќи го процесот на продукција на мозочниот перихеморагичен едем (МЕ). Во овој процес се синтезираат повеќе супстанции, како што се простагландините, азотниот оксид, матрикс-металопротеиназите, интерлеукините-6, алфа тумор некротизирачкиот фактор, глутаматот и цистеинил леукотриените (цислтс), како потенцијални фактори за продукцијата на МЕ. Цистеинил леукотриените (Ц4, Д4 И Е4) претставуваат нова група на биохемиски супстанции кои и припаѓаат на фамилијата на еикосанондите и се метаболити на арахидонската незаситена масна киселина. Хематомот и едемот се параметри на детериорација и детерминација на клиничката слика и влијаат на понатамошниот тек, прогнозата и крајниот исход на заболувањето. Целта на студијата е мониторирање на вредностите на цислтс екскретирани во урината и на вредностите на волуменот на хематомот (ВХ); и одредување на нивната меѓусебна поврзаност-зависност.

**Материјал и методи:** Студијата е проспективна и лонгитудинална, претставува пет дневно (прием/Зден/5ден) мониторирање на вредностите на хематомот и на

цислтс екскретирани во урината кај 62 пациенти (34 мажи, 28 жени) со ИЦХ. Користена е техниката на ензимоимуноанализата (ЕИА) за квантификација на цислтс во урината и компјутеризирана томографија на мозокот за детекција и визуелизација на ВХ.

**Резултати:** Вредностите на Цислтс на прием/Зден/5ден: min=268.61/129.15/36.59; max=5787.4/4226.8/3536.7; mean=1842.20 ±1413.2/1181.54±906.2/982.30±774.2SDpg/ml/mg creatinine. ВХ вредностите на прием: min=0.45; max=52; mean=13.05±14.5 SDcm<sup>3</sup>; на 3ден: min=0.62; max=54.6; mean=13.13±14.7 SDcm<sup>3</sup> и на 5 ден: min=0.1; max=54.6; mean=12.99±14.7 SDcm<sup>3</sup>. Коефициентот на корелација изнесува: на прием  $r=0.4$ ; на 3 ден  $r=-0.04$  и на 5 ден  $r=-0.08$ .

**Заклучок:** По настанувањето на ИЦХ, во тек на целиот 5-дневен период на обсервација, мозочното ткиво е со капацитет за висока синтеза на цислтс. Хематомот не покажува промени во вредностите на волуменот. Постои корелативна зависност меѓу хематомот и цислтс на приемот-зголемени вредности на хематомот доведуваат до зголемена синтеза на цистеинил леукотриените.

**Клучни зборови:** интрацеребрална хеморагија, хематом, цистеинил леукотриени, корелација

# Cysteinyl leukotrienes and hematoma- correlation study

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## Abstract

**Introduction:** In appearing process of intracerebral hemorrhage (ICH) blood vessel rupture causes blood extravasation and the formation of hemorrhagic collection-hematoma is started developing the process of brain edema (BE). Several substances like prostaglandins, nitric oxide, matrix-metalloproteinases, interleukins-6, tumor necrosis factor, glutamate and cysteinyl leukotrienes, which are potential factors for E<sub>2</sub> production, are synthesized. Cysteinyl leukotrienes (C4, D4 and E4) represent a new group of biochemical substances from eicosanoids family, metabolites of arachidonic acyclic unsaturated fatty acid. Hematoma and edema are parameters of deterioration and determination of the clinical picture and influence subsequently to the prognosis and to the final outcome of the disorder. The aim is to monitor the urine excreted cysteinyl leukotrienes and the hematoma volume (HV) values and to determine their relation.

**Material and methods:** Prospective and longitudinal study of a 5-day monitoring (admission/3thday/5thday) of the urine excreted cysteinyl leukotrienes (cysLTs) and the hematoma volume values of 62 patients (34 men, 28 women) with ICH. Technique of enzyme immunoassay (EIA) has been used for quantification of cysLTs in urine and computer tomography for detection/visualization of HV.

**Results:** CysLTs values at admission/3thday/5thday were min=268.61/129.15/36.59; max= 5787.4/4226.8/3536.7; mean=1842.20±1413.2/1181.54±906.2/982.30±774.2SDpg/ml/mg creatinine. HV values at admission min=0.45; max=52; mean=13.05±14.5SD cm<sup>3</sup>; on the 3thday min=0.62, max=54.6, mean=13.13±14.7SD-cm<sup>3</sup> and on the 5thday min=0.1, max=54.6, mean=12.99±14.7SD cm<sup>3</sup>. Coefficient of correlation: admission r=0.4, 3thday r= - 0.036 and on the 5thday r= - 0.076.

**Conclusions:** During the whole 5-day observation period after ICH, brain tissue has a capacity for highly synthesis of cysteinyl leukotrienes. Hematoma did not show changes of the volume values. Among the cysteinyl leukotrienes and hematoma a correlative relation at admittance is found- increased hematoma values were followed by increasing synthesized leukotrienes values.

**Key words:** intracerebral hemorrhage, hematoma, cysteinyl leukotrienes, correlation

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## Introduction

In appearing process of intracerebral hemorrhage blood vessel rupture causes blood extravasation and the formation of hemorrhagic collection-hematoma is started developing the process of brain edema (BE) and neuronal lesions in the surrounding parenchyma. Fluid begins to collect in the surrounding hematoma tissue and the swelling usually persists for about 5 days. BE is an essential ICH characteristic which distracts and compresses the brain parenchyma. BE increases the intracranial pressure and additionally aggravates the focal neurologic deficit. Subsequent BE growth increases the intracranial pressure and it is the most frequent reason for trans-tentorial herniation in supra-tentorial ICH and at the same time it is a cause of a patient's death. Early edema surrounding the hematoma arises from the release and accumulation of osmotic active serum proteins from blood clot. In the disruption of the blood-brain barrier, the vasogenic/cytotoxic edema, the sodium pump damage and the death of neurons subsequently appear. These processes generate several substances like prostaglandins, nitric oxide, matrix-metalloproteinases, interleukins-6, alfa tumor necrosis factor, glutamate and cysteinyl leukotrienes which are potential factors for BE production. Each of these substances, in its manner and volume, participates in BE formation. However, the possibility is not excluded for their direct or indirect mutual supplementation, attachment or favoring. What is the exact mechanism for formation of perifocal edema, which substances participate in, and how many participants, stay an enigma for the time being. [1,2,3,4,5,6,7,8,9]

In the brain parenchyma cysteinyl leukotrienes (cysLTs) act vasoconstrictedly, increase the permeability of the cell-brain barrier and participate in the local ischemia [4,10]. Cysteinyl leukotrienes (C4, D4 and E4) represent a new group of biochemical substances from eicosanoids family, metabolites of arachidonic acyclic unsaturated fatty acid, which are synthesized in a lipoxygenase way. [3,4,10]

Protagonists of the hemorrhagic cascade, hematoma, cysteinyl leukotrienes and edema are parameters for deterioration and determination of the clinical picture and influence subsequently the prognosis and final outcome of the disorder.

The aim of this investigation is to determine the extracted cysLTs values in urine and the hematoma volume values in the first 5 days in ICH

(on the day of admission, on the third and on the fifth day) and to determine their mutual relation

## Material and methods

This study is prospective and longitudinal conducted in hospital conditions. The investigation is a 5-day monitoring (admission, the third and the fifth day) of the excreted cysteinyl leukotrienes values in urine and the hematoma volume values of 62 patients (34 men and 28 women) with acute spontaneous primary supratentorial ICH aged from 39 to 80 years (mean=62.9±7.1SD). Inclusion of examinees in this study was according to previously determined criteria for inclusion in the study: ICH without ventricular or subarachnoidal penetration, without advanced alteration of consciousness, precise evidence for the disease onset (appearance of initial neuropsychic sign or symptom), arrival in the hospital in the first 24 hours since the occurrence of the sign/symptom and absence of somatic disorders in which occurs the increase of production/excretion of cysLTs (pulmonary, renal, immunologic, coagulopathies). Control group consisted of 80 (conditionally) healthy examinees at the age of 18 to 75 years (mean=37.6±12.3SD). Technique of enzymeimmunoassay (EIA) has been used after standardized protocol and with standardized reagents for quantification of cysLTs in urine sample for both groups. CysLTs values were expressed in pg/mg creatinine. [11]

Detection, visualization and dimensioning of the values of hematoma volume were realized with computerized axial tomography of the brain. For mathematical estimation of the volume, special spheroid and ellipsoid formula was used  $V = \frac{A \times B \times C}{2}$  (A-the longest diameter, B-the crosswise diameter, C-the thickness of the visualized hematoma). HV values were approximative and expressed in  $\text{cm}^3$ . Statistical analysis of data was made by coefficient of correlation.

## Results

The cysLTs results of the control group examinees range were within the rank of 297.8 pg/mg creatinine for minimal to 1684.2 pg/ml/mg creatinine for maximal value, the mean value was 918.6±332SD pg/ml/mg creatinine.

CysLTs values in examinees with ICH within the 5-day follow-up (admission/3thday/5thday) were: minimal 268.61/129.15/36.59 pg/ml/mg

atinine; maximal 5787.4/4226.8/3536.7 pg/  
/mg creatinine and mean  $1842.20 \pm 1413.2/11$   
 $54 \pm 906.2/982.30 \pm 774.2$ SD pg/ml/mg creati-  
ne (Table 1). Highly differences of the cysLTs  
ues from the examinees with ICH were found  
the observed period admission/3thday/5th-

The results obtained from the hematome vol-  
e values were: at admission  $\text{min}=0.45\text{cm}^3$ ,  
 $\text{x}=52\text{cm}^3$  and  $\text{mean}=13.05 \pm 14.5$ SD $\text{cm}^3$ ; on  
third day:  $\text{min}=0.62\text{cm}^3$ ,  $\text{max}=54.6\text{cm}^3$   
l  $\text{mean}=13.13 \pm 14.7$ SD $\text{cm}^3$  and on the  
h day  $\text{min}=0.1\text{cm}^3$ ,  $\text{max}=54.6\text{cm}^3$  and  
 $\text{an}=12.99 \pm 14.7$ SD $\text{cm}^3$  (Table 2). No differenc-  
of the hematome volume values were found  
all three periods of examination. Hematoma  
ume values were constant.

Figure 1, 2 and 3 show the correlative rela-  
is between leukotrienes and hematoma val-  
; in all three periods of examination: admis-  
n  $r=0.4$ , on the third day  $r= - 0.04$  and on the  
h day  $r= - 0.08$ .

examination period	Cysteinyl leukotrienes experimental group values (pg/ml/mg creatinine)		
	minimal	maximal	mean±SD
admittance	268,61	5787,36	$1842,20 \pm 1413,19$
3 <sup>rd</sup> day	129,15	4226,78	$1181,54 \pm 906,16$
5 <sup>th</sup> day	36,59	3536,69	$982,30 \pm 774,24$

Table 1. Cysteinyl leukotrienes experimental group values: period of examination

examination period	Hematoma volume values ( $\text{cm}^3$ )		
	minimal	maximal	mean±SD
admittance	0,45	52	$13,05 \pm 14,49$
3 <sup>rd</sup> day	0,62	54,6	$13,13 \pm 14,66$
5 <sup>th</sup> day	0,1	54,6	$12,99 \pm 14,73$

Table 2. Hematoma values: period of examination

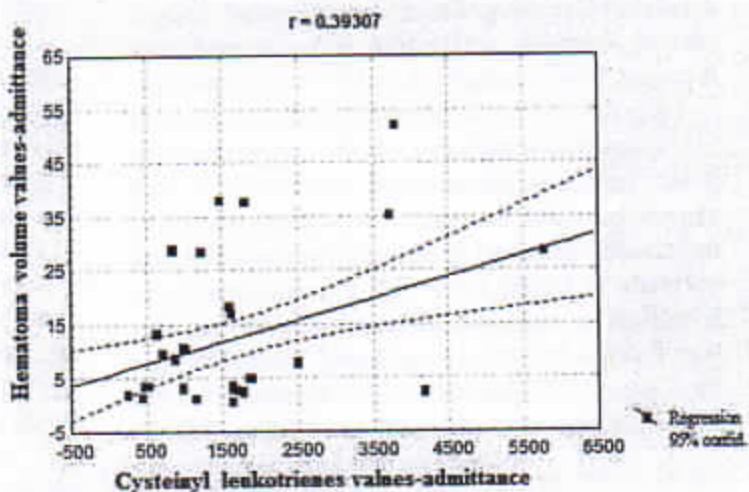


Figure 1. Correlation: Cysteinyl leukotrienes/hematoma volume – admittance

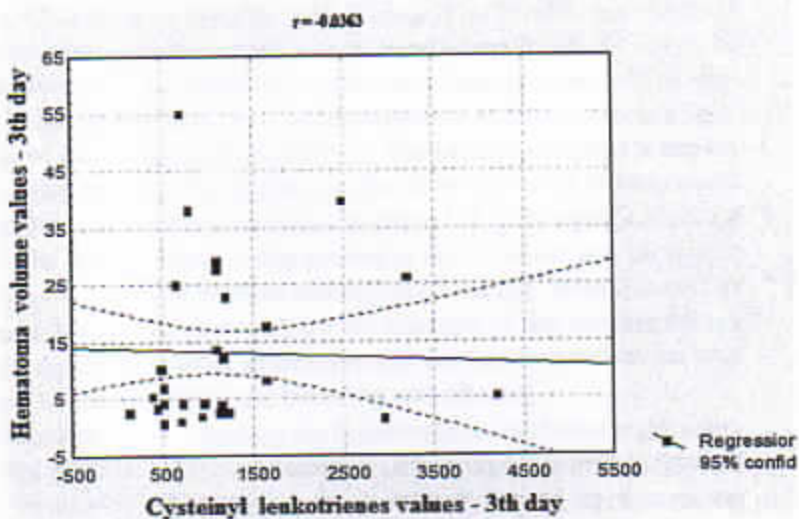


Figure 2. Correlation: Cysteinyl leukotrienes/hematoma volume -3th day

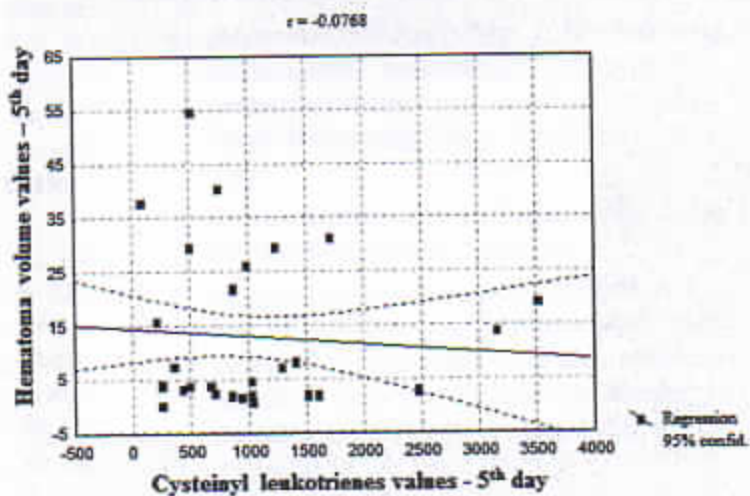


Figure 3. Correlation: Cysteinyl leukotrienes/hematoma volume -5th day

## Discussion

High mean cisLTs values in urine in all examinees of the experimental group ( $1842.20 \pm 1413.2 / 1181.54 \pm 906.2 / 982.30 \pm 774.2$ ) was found for the whole period of observation admission/3thday/5thday versus the mean values of the control group examinees ( $918.6 \pm 332$ ) (Table 1). It pointed to increased cystLTs excretion in urine in line with their increased synthesis in the brain tissue (newly developed conditions) after the CH occurrence. The period admission/third day showed the highest dynamics of excreted cisLTs which came out from the excretion of the high cystLTs values in the first three days. So, cystLTs continued to excrete, but not with such dynamics. Winking et al, who first started to research on his field, did not note differences of the cystLTs for the whole 5-day follow-up. It has been due, most probably, to the small sample of examinees in their group, to specific location (only in basal ganglia) and to homogenous dimensions of hematoma (30-50cm<sup>3</sup>), versus the great sample (n=62), heterogenous localization of hematoma and heterogenous hematoma volumes in our examinees (0.45-52cm<sup>3</sup>). [3,4]

The results obtained from the values of the hematoma volume (mean, minimal and maximal) showed a feature of steadiness, which meant that the hematoma did not change its dimensions or its voluminous values were with initial signs for small reduction or initial resorption in hemorrhagic collection (Table 2). In favour to hematoma volumes steadiness for all three periods of examination (admission/3thday/5thday) spoke that the differences of the hematoma volume values were minimal. Pathophysiological code of initial resorption could not influence significantly on the dimensions of hematoma volume for his short 5-day period. For absence of additional bleeding spoke the minimal differences of the hematoma dimensions (Table 2). [4,12,13]

Figure 1 shows that at the admittance urine excreted cysteinyl leukotriene values follow hematoma values. Coefficient of correlation  $r=0.4$  at admittance showed connection among these two values, namely the analysis showed that the increased hematoma values were followed by increased leukotrienes values. Winking et al, in their 17 ICH examinees study found more high correlation ( $r=0.84$ ). We think it has been due, most probably, to the small sample of examinees in their group, to specific location (only in basal ganglia) and to homogenous dimensions of hematoma (30-50cm<sup>3</sup>), versus the great sample

(n=62), heterogenous localization of hematoma and heterogenous hematoma volumes in our examinees (0.45-52cm<sup>3</sup>). Figure 2 and Figure 3 show coefficient of correlation on the 3th day  $r=-0.04$  and on the 5th day  $r=-0.08$  which speak of a lack of connection, because, the declining values of the excreted leukotrienes in urine are bigger and the process is faster, in terms of absorption of a hematoma for this short period of observation (initial resorption did not have an influence and additional bleeding was absent-almost constant hematoma volume values). Both values do not follow the same dynamic of decline, thus they even tend to opposite correlation.

## Conclusion

Rupture of the blood vessel wall causes blood extravasation and local cumulation in form of hemorrhagic collection (hematoma) which distracts and compresses the brain parenchyma. In such conditions, the brain tissue has a capacity for highly synthesis of cysteinyl leukotrienes which excretion in urine is highly significant for a whole 5-day period of observation, but mostly in the period: admission/third day. Hematoma didn't show significant changes of the volume values (initial resorption did not have an influence, and additional bleeding was absent).

Among the leukotrienes and hematoma a correlative relation at admittance is found-increased hematoma values were followed by increasing synthesized leukotrienes values.

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