CLINICAL SCIENCE

DESIGN OF FEASIBILITY STUDY FOR THE ESTABLISHMENT OF PRODUCTION OF ZIRCONIUM-89 RADIOISOTOPE AND IMPLEMENTATION OF 89ZR-RADIOPHARMA-CEUTICALS IN CLINICAL PRACTICE IN THE REPUBLIC OF NORTH MACEDONIA

Katerina Kolevska¹, Marija Atanasova-Lazareva¹, Maja Chochevska¹, Maja Velichkovska², Filip Jolevski², Toni Tripunoski³, Shaban Memeti⁴, Ana Ugrinska², Bistra Angelovska⁵

- University Institute of Positron Emission Tomography, Skopje; Goce Delchev University, Faculty of Medical Sciences, Shtip, Republic of North Macedonia
- University Institute of Positron Emission Tomography, Skopje; Ss. Cyril and Methodius University in Skopje, Faculty of Medicine, Republic of North Macedonia Institute of Pathophysiology and Nuclear Medicine, Skopje; Ss. Cyril and Methodius University in Skopje, Faculty of Medicine, Republic of North Macedonia Institute of Public Health of the Republic of North Macedonia, Ss. Cyril and Methodius University in Skopje, Faculty of Medicine, Republic of North Macedonia
- Goce Delchev University, Faculty of Medical Sciences, Shtip, Republic of North Macedonia

Abstract

Citation: Kolevska K, Atanasova-Lazareva M, Chochevska M, Velichkovska M, Jolevski F, Tripunoski T, Memeti S, Ugrinska A, Angelovska B. Design of feasibility study for the establishment of production of zirconium-89 radioisotope and implementation of $^{89}\!\text{Zr-radiopharmaceuticals}$ in clinical practice in the Republic of North Macedonia. Arch Pub Health 2023; 15 (1). 95:104.

doi.org/10.3889/aph.2023.6090

Key words: feasibility study, zirconium-89 radioisotope, 89Zr-radiopharmaceuticals, production, 89Zr-trastuzumab

*Correspondence: Katerina Kolevska, University Institute of Positron Emission Tomography, Skopje, Republic of North Macedonia.

E-mail: kolevskakaterina@gmail.com

Received: 20-Feb-2023; Revised: 5-May-2023; Accepted: 13-May-2023; Published: 30-Jun-2023

Copyright:[©] 2023. Katerina Kolevska, Marija Atanasova-Lazareva, Maja Chochevska, Maja Velichkovska, Filip Jolevski, Toni Tripunoski, Shaban Memeti, Ana Ugrinska, Bistra Angelovska. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author(s) and source are credited.

Competing Interests: The author have declared that no competing

In the last decade, the application of radiopharmaceuticals based on zirconium-89 (89Zr) radiometal has increased in both preclinical and clinical studies. The most frequently used 89Zr-radiopharmaceutical is 89Zr-trastuzumab used in the management of patients with breast cancer. Breast cancer is the most common cancer among women in North Macedonia and the most common cause of death from malignant neoplasms in this population; therefore, the introduction of new nuclear medicine procedures in these patients might improve the management of this disease. However, the introduction of radioisotope and radiopharmaceutical production requires significant investments, both manpower and financial. The purpose of this work is to present the design conceptualization of a feasibility study for the establishment of production of zirconium-89 radioisotope and implementation of 89Zr-radiopharmaceuticals in clinical practice in the Republic of North Macedonia and to present the initial results from the first phases of the study. This feasibility study is designed to include preliminary analysis, market research, technical feasibility analysis, economic analysis, review and analysis of all data and feasibility conclusion. The evaluation of the data from the analyses conducted in all study phases is needed to identify the favourable and unfavourable factors and circumstances in order to make a final assessment of the feasibility of establishing the zirconium-89 radioisotope and 89Zr-radiopharmaceuticals production and implementation of 89Zr-trastuzumab use in nuclear medicine practice.

КЛИНИЧКИ ИСПИТУВАЊА

ДИЗАЈН НА ФИЗИБИЛИТИ СТУДИЈА ЗА ВОСПОСТАВУВАЊЕ НА ПРОИЗВОДСТВО НА ŻİRCONIUM-89 РАДИОИЗОТОП Й ИМПЛЕМЕНТАЦИЈА НА 89 ZR-РАДИОФАРМАЦЕВТИЦИ ВО КЛИНИЧКАТА ПРАКСА ВО РЕПУБЛИКА СЕВЕРНА МАКЕДОНИЈА

Катерина Колевска¹, Марија Атанасова Лазарева¹, Маја Чочевска¹, Маја Величковска², Филип Јолевски², Тони Трипуноски³, Шабан Мемети⁴, Ана Угринска², Бистра Ангеловска⁵

- Универзишешски инсшишуш за йозишронско-емисиона шомографија, Скойје; Универзишеш Гоце Делчев, Факулшеш за медицински науки, Шший, Рейублика Северна Македонија
- Универзишейски институт за позитронско-емисиона томографија. Скопје: Универзитет "Св. Кирил и Меториј" во Скопје. Медицински фокултет Реūублика Северна Макеǵонија
- Инсшишуш за йашофизиологија и нуклеарна медицина, Универзишеш "Св. Кирил и Мешодиј" во Скойје, Медицински факулшеш, Рейублика Северна Макеаониіа
- Инстиштут за јавно здравје на Република Северна Македонија, Универзитет "Св. Кирил и Методиј" во Скопје, Медицински факултет, Република
- Северна Македонија Универзишет Гоце Делчев, Факултет за медицински науки, Штий, Рейублика Северна Македонија

Извадок

Цитирање: Колевска К, Атанасова-Лазарева М, Чочевска М, Величковска М, Јолевски Ф, Трипуноски Т, Мемети III, Угринска А, Ангеловска Б. Дизајн на физибилити студија за воспоставување на производство на zirconium-89 ра-диоизотоп и имплементација на ^{во}Zr-радиофармацевтици во клиничката пракса во Република Северна Македонија... Арх J Здравје 2023;15(1) 95:104.

doi.org/10.3889/aph.2023.6090

Клучни зборови: физибилити студија, zirconium-89 радиоизотоп, ⁸³Zr-радиофармацевтици, производство, ⁸³Zr-

*Кореспонденција: Катерина Колевска, Универзитетски институт за позитронско-емисиона томографија, Скопје, Република Северна Македонија.

E-mail: kolevskakaterina@gmail.com

Примено: 20-фев-2023; **Ревидирано:** 5-мај-2023; **Прифатено:** 13-фев-2023; **Објавено:** 30-јун-2023

Печатарски права: ©2023 Катерина Колевска, Марија Атанасова-Лазарева, Маја Чочевска, Маја Величковска, Филип Јолевски, Тони Трипуноски, Шабан Мемети, Ана Угринска, Бистра Ангеловска. Оваа статија е со отворен пристап дистрибуирана под условите на нелокализирана лиценца, која овозможува неограничена употреба, дистрибуција и репродукција на било кој медиум, доколку се цитираат оригиналниот(ите) автор(и) и изворот.

Конкурентски интереси: Авторот изјавува дека нема конкурентски интереси.

Во последната деценија, радиофармацевтските препарати што содржат zirconium-89 (89Zr) радиоизотоп имаат зголемена примена како во претклиничките, така и во клиничките студии. Најчесто користен ⁸⁹Zr-радиофармацевтик е ⁸⁹Zr-trastuzumab кој се применува во насока на планирање на терапија на пациенти со рак на дојка. Ракот на дојката е најчестиот карцином кај жените во Северна Македонија и најчеста причина за смрт од малигни неоплазми кај оваа популација, затоа воведувањето нови дијагностички процедури во нуклеарната медицина може да придонесе за подобро планирање на терапијата кај овие пациенти. Сепак, воспоставувањето на производство на радиоизотопи и радиофармацевтици бара значителни инвестиции, финансиски и кадровски. Целта на овој труд е да го претстави дизајнот на физибилити студијата за воспоставување на производство на zirconium-89 радиоизотоп и имплементација на ⁸⁹Zr-радиофармацевтици во клиничката пракса во Република Северна Македонија, како и да ги претстави резултатите од почетните фази на студијата. Оваа физибилити студија е дизајнирана така што вклучува прелиминарна анализа, истражување на пазарот, анализа на техничка изводливост, економска анализа, преглед и анализа на сите податоци и заклучок за физибилност. Евалуацијата на податоците од анализите во рамки на сите фази на студијата е потребна за да се идентификуваат поволните и неповолните фактори и околности за да се донесе конечна проценка на физибилноста за воспоставување на производство на zirconium-89 радиоизотоп и ⁸⁹Zr-радиофармацевтици и воведување на ⁸⁹Zr-trastuzumab во нуклеарно-медицинската

Introduction

Radiopharmaceutical preparations or radiopharmaceuticals are medicinal products which, when ready for use, contain one or more radionuclides (radioactive isotopes) included for a medicinal purpose to diagnose, stage a disease, monitor treatment, or provide therapy.^{1,2}

Regarding the radiopharmaceuticals used for positron emission tomography (PET) imaging, the application of radiometals in nuclear medicine worldwide is progressing steadily. Short-lived radiometals are suitable for combination with ligands that exhibit rapid pharmacokinetics (e.g., small molecules or peptides), while long-lived radiometals are suitable for visualizing slow biological processes, such as antibody biodistribution (immuno-PET).³

Zirconium-89 is one of the radiometals that in the last decade has been increasingly used in both preclinical and clinical studies.^{3,4} The zirconium-89 half-life of 78.4 h corresponds to the biological half-life of monoclonal antibodies, making this radioisotope suitable for immuno-PET imaging.3-5 Immuno-PET combines the sensitivity of PET with the specificity of antibodies. The use of 89Zr is promising for monitoring antibodybased cancer therapies and a number of studies have been conducted to investigate the feasibility of 89Zr immuno-PET imaging for predicting the efficacy of radioimmunotherapy and antibody therapies, imaging target expression, detecting target-expressing tumors, and monitoring of anti-cancer chemotherapies.4 There are literature data on more than 90 clinical studies, of which already completed studies involve more than 20 antibodies labelled with 89Zr.6

A common method for obtaining zirconium-89 radioisotope is by irradiating solid target material with accelerated protons in medical cyclotrons, typically using energies of 10–18 MeV.Due to the easy availability of the target material in natural form, ⁸⁹Y(p, n)⁸⁹Zr is considered to be the best nuclear reaction for the production of ⁸⁹Zr in medical cyclotrons.^{5,7-9}

Having in mind all the above, the potential of ⁸⁹Zr-radiopharmaceuticals to expand the possibilities in terms of cancer management and research development in North Macedonia, as well as the fact that the only cyclotron in the country is within the University Institute of Positron Emission Tomography (UI PET), the idea of preparing a feasibility study for the establishment of zirconium-89 radioisotope and ⁸⁹Zr-radiopharmaceuticals production in this institute is rational.

The cyclotron at UI PET, GE PET trace 800 16.5 MeV, according to its technical characteristics belongs to the group of cyclotrons, which can produce the radioisotope ⁸⁹Zr. UI PET is the only site for producing PET radioisotopes and radiopharmaceuticals in the country and also it is a centre for molecular diagnostics where 2,000 oncology patients are scanned annually.

This study aims to present the design of the feasibility study for the establishment of zirconium-89 radioisotope production and the implementation of ⁸⁹Zr-radiopharmaceuticals in clinical practice in the Republic of North Macedonia and to present the initial results from the first phases of the study. The design is conceived

originally and structured taking into consideration several aspects. The results of the feasibility study will provide an objective insight into all aspects of the feasibility of this proposed idea, as well as a conclusion regarding the impact that radiopharmaceuticals based on this radioisotope may have on making clinical decisions in the management of the malignancies in the country.

Materials and Methods

The feasibility study to establish the production of zirconium-89 radioisotope and ⁸⁹Zr- radiopharmaceuticals is designed to cover the following phases:

- preliminary analysis;
- market research;
- technical feasibility analysis;
- economic analysis (financial analysis and pharmacoeconomic analysis);
- · review and analysis of all data;
- conclusion on feasibility.

Preliminary analysis

The preliminary analysis includes:

- review of statistical data regarding malignant diseases in North Macedonia;
- review of clinical applications data of ⁸⁹Zr-radiopharmaceuticals.

The review of malignant disease statistics is performed by literary search of reference databases, international (Global Cancer Observatory) and domestic (Mortality Register and Cancer Register of Institute of Public Health). 10-12 These databases display statistics of malignant diseases, such as total new cases per year, most common cancers among new cases - sex distribution, and mortality from malignant diseases in Macedonia (mortality rate and primary localization).

The review of the application of ⁸⁹Zr-radiopharmaceuticals in clinical trials is based on a literature search, that is, a reference database for clinical trials. (ClinicalTrials.gov, a Webbased resource maintained by the U.S. National Library of Medicine).⁶

Market research

Within this step, searches are conducted regarding:

- the distribution of medical cyclotrons in Europe;
- zirconium-89 radioisotope production sites in Europe;
- zirconium-89 radioisotope price, and
- the potential possibilities for placement of the produced radioisotopes at a cost-effective price.

The information on the distribution of medical cyclotrons is obtained from the International Atomic Energy Agency (IAEA) Cyclotron Distribution Database.13 The research on the production sites of zirconium-89 radioisotope in Europe is based on a literature search of studies published in scientific journals, data on the production of these radioisotopes presented at professional symposia and congresses, as well as media available data from radioisotope manufacturers. The zirconium-89 radioisotope price information is based on data obtained from manufacturers. The research of the potential possibilities for placement of the produced radioisotope at a cost-effective price is based on the obtained data on the needs and possibilities for use for clinical purposes in our country and the region.

Technical feasibility analysis

The estimation of technical feasibility is based on the analysis of the technical capacities of UI PET in terms of space and equipment necessary for the implementation of the production of zirconium-89 radioisotope and ⁸⁹Zr-radiopharmaceuticals. As part of this phase of the feasibility study, it is also verified whether additional equipment/apparatus is needed to realize the production.

Economic analysis

The assessment of economic feasibility is conducted in two phases and includes financial analysis and pharmacoeconomic analysis. Firstly, the costs are defined (direct and indirect), and then they are calculated according to data obtained by a literature search, as well as data from UI PET.

For performing pharmacoeconomic analyses, data collected by a literature search of clinical trials conducted with these radiopharmaceuticals have been applied. In order to cover the initial clinical data and to simulate the patterns of real practice, meta-analysis is applied which is a systematic method for finding, evaluating and combining the results of different scientific studies. A cost-effectiveness analysis is per-

formed, which is a systematic method that compares two or more alternative treatments by measuring the cost of money (MKD) and the health outcomes over the years, based on the utility results presented in the literature. The cost-benefit analysis compares the net production costs of both preparations with the benefits arising from their use expressed in monetary terms. ¹⁵⁻¹⁷ Depending on the literature data obtained during the research, the two analyses can be combined.

Review and analysis of all data

The processing of the results of analyses is one of the phases of the feasibility study, during which the data from all previously conducted analyses are evaluated: preliminary analysis, market research, technical feasibility analysis and economic analysis.

Conclusion on feasibility

After conducting all the analyses, as well as after reviewing all the obtained data, a conclusion is made about the feasibility of the proposed idea, i.e., whether the process of establishing production of zirconium-89 radioisotope and ⁸⁹Zr-radiopharmaceuticals in UI PET is feasible.

Results

Given that the feasibility study is ongoing, this paper presents the results of the analyses already done, the preliminary analysis and the market research (distribution of medical cyclotrons in Europe and zirconium-89 radioisotope production sites in Europe).

Preliminary analysis

Malignant diseases on a national level

Neoplasms are the second leading cause of death in Macedonia, after circulatory system diseases. In 2020, 24.25 % of deaths in the population aged 1 to 64 years and 12.68 % of deaths in the population over 64 years were due to malignant diseases.¹¹

In the period from 2011 to 2020, the average mortality rate from malignant neoplasms in both sexes was 180 per 100,000 population. For the same ten-year period, the average mortality rate from malignant neoplasms in men was 215 and in women 146 per 100,000 population. From 2011 to 2020, the most common cause of death from malignant neoplasms in men was malignant neoplasm of the bronchi and lungs (average mortality rate 63.9 per 100,000 men), and in the same period, the most common cause of death from malignant neoplasms in women was malignant breast neoplasm (average mortality rate 29.07 per 100,000 women).12

In the period from 2011 to 2020, there were an average of 6,808 new cases of cancer per year or 328 cases per 100.000 inhabitants. About 87.8 % of cancer cases were among the population over the age of 50, of which 19.3 % were between the ages of 50 and 60 years. The most common cancer diagnoses in the period of ten years (2011-2020) in the entire population were malignant neoplasms of the bronchi and lungs with 13.12 % of the total reported cases, followed by malignant neoplasms of the breast, other malignant neoplasms of the skin, colon, stomach, prostate, liver and intrahepatic bile ducts, rectum,

bladder, corpus uteri etc. In the male population, the most common cancers in the period of 2011-2020 were malignant neoplasms of the bronchi and lungs with 18.80 % of the total reported cases, followed by malignant neoplasms of the prostate, other malignant neoplasms of the skin, stomach, colon, bladder, liver and intrahepatic bile ducts, rectum, larynx, pancreas, etc. In the same ten vears period, the most common cancers in females were malignant neoplasms of the breast with 25.29 % of the total reported cases, followed by non-melanoma malignancies of the skin, malignant neoplasms of corpus uteri, bronchi and lungs, colon, cervix uteri, stomach, ovaries, rectum, liver and intrahepatic bile ducts, etc.12

According to the Global Cancer Observatory database, among 7,632 new cases of cancer in 2020, the five most common cancers in both sexes, with the exception of non-melanoma skin cancer, were cancers of the lung (14.9 %), breast (12.9 %), colorectum (12.4 %), prostate (10.3 %), corpus uteri (4.8 %). Among women, the most common new cases in 2020 were cancers of the breast (29.2 %), colorectum (14.4 %), corpus uteri (10.9 %), lung (7.2 %), cervix uteri (3.3 %), and in men, the most common were cancers of the lung (21 %), prostate (18.5 %), colorectum (10.9 %), bladder (7.0 %), stomach (5.2 %). Regarding the mortality rate from malignant diseases in 2020, the first ten malignancies were cancers of the lung (23.3 %), breast (7.5 %), prostate (7.1 %), stomach (6.6 %), pancreas (6.4 %), colon (6.0 %), brain, central nervous system (6.0 %), rectum (5.8 %), liver (4.4 %), and bladder $(3.1 \%).^{10}$

89Zr-radiopharmaceuticals in clinical trials

According to ClinicalTrials.gov, as of May 9, 2021, there have been a total of 93 clinical trials involving ⁸⁹Zrradiopharmaceuticals, of which 48 studies have status completed, terminated, or unknown. Most clinical studies were conducted in the Netherlands (28 studies), followed by the United States (16 studies), Belgium and China with 2 studies each, and one clinical study each in Australia, Sweden, Denmark, Korea, France and Spain.⁶

⁸⁹Zr-radiopharmaceuticals used in these clinical trials were 89Zr-bevacizumab (9 studies), 89Zr-trastuzumab (6 studies), 89Zr-Df-IAB2M (3 studies), 89Zr-cetuximab (3 studies), 89Zr-pem-⁸⁹Zr-J591, 89Zr-panitubrolizumab, mumab, 89Zr-girentuximab, 89Zr-DFOpertuzumab each in 2 clinical trials and 89Zr-Df-IAB22M2C, 89Zr-KN035, 89Zr-AMG211, ⁸⁹Zr-MMOT0530A, ⁸⁹Zr-ABT806, 89Zr-daratumumab, 89Zr-Cripec Docetaxel, 89Zr-GC1008, ⁸⁹Zr-durvalumab, 89Zr-GSK3128349, 89Zr-GSK2849330, 89Zr-BI754111, 89Zr-GSK2398852, 89Zr-RO5429083, 89Zr-TAK-164, 89Zr-nanocoll, 89Zr-DS-8895a, 89Zr-RO5479599 each in one clinical study.6

Market research

 Distribution of medical cyclotrons in Europe

A total of 1,266 cyclotrons are registered in the International Atomic Energy Agency (IAEA) cyclotron database, of which 356 are located in Europe, Turkey and the Russian Federation (including its Asian part). In Europe, the largest number of cyclotrons is in Italy - 45 cyclotrons, fol-

lowed by Germany - 43, France - 32, the United Kingdom - 28, Spain - 21, the Netherlands - 13, Belgium - 13, Denmark - 10, etc. There are 59 cyclotrons on the entire territory of the Russian Federation, and 20 in Turkey. As for the Balkan Peninsula, Bulgaria and Romania have 4 cyclotrons each, Greece two and North Macedonia and Croatia have one cyclotron each.¹³

 Zirconium-89 radioisotope production sites in Europe

In the Netherlands, there is GMP (Good Manufacturing Practice)-compliant production of ⁸⁹Zr for the research community. Research inhouse productions are registered in Germany, Great Britain, Italy, Turkey, Belgium and Russia.

Technical feasibility analysis

The cyclotron at UI PET, PETtrace 16.5 MeV GE Healthcare Cyclotron, according to its technical characteristics is convenient for the production of ⁸⁹Zr radioisotope. There are commercially available ⁸⁹Zr purification and labelling modules which compatibility with existing UI PET systems is being evaluated.

Discussion

A feasibility study is an analysis of the viability, that is, the sustainability of a given idea. The feasibility study aims to objectively and rationally reveal the strengths and weaknesses of the proposed venture, the opportunities and threats present in the environment, the necessary resources to realize the idea and finally the prospects for success. The feasibility study assesses the project's potential for success; therefore, perceived objectivity is an important factor in the credibility of the study. For this reason, feasibility studies should be conducted with an objective, unbiased approach to provide information on which decisions can be based. The goals of feasibility studies are to thoroughly understand all aspects of a given project, concept or plan; to identify any potential problems that may arise during the implementation of the project; to determine whether, after considering all the important factors, the project is feasible that is, worth undertaking. Feasibility analysis covers several aspects of feasibility: technical, economic, financial, regulatory, operational, temporal, etc. The aspects covered in the study, i.e., the design of the feasibility study itself are based on the characteristics of the project/idea that is proposed. 18 A preliminary analysis is also often performed to determine if the project/idea concept is justified.

However, the current literature is very scarce regarding comprehensive feasibility studies in the field of radiopharmacy. There are literature data for some radiopharmaceuticals regarding the analysis of technical feasibility for their production, but there are no data about feasibility studies that also analyze the effect of their potential implementation in routine clinical practice and further research. As a result of technological development, the designing and development of new radiopharmaceuticals are progressing rapidly, with a continuous expansion of perspectives regarding their use. For developing countries, their introduction into healthcare practice is a challenge, and therefore an objective assessment is needed that takes into account not only the economic aspect but also the clinical impact and development of research potential.

This feasibility study for the establishment of the production of zirconium-89 radioisotope and ⁸⁹Zrradiopharmaceuticals is designed originally and it includes preliminary analysis, market research, technical feasibility analysis, economic analysis (financial and pharmacoeconomic), review and analysis of all data and feasibility conclusion.

The preliminary analysis aims to assess whether there is a field for the application of ⁸⁹Zr-radiopharmaceuticals in our country and for that purpose it includes a review of statistical data regarding malignant diseases on a national level and a review of clinical applications data of ⁸⁹Zr-radiopharmaceuticals.

The market research is conducted in order to define the geographical impact of the market. The market competitiveness and the transport cost are factors that affect the price of the product - radioisotope. This is especially important considering the nature of radioactive preparations, i.e., their short shelf life. The longer geographic distance of the production site to the site of use hugely contributes to a higher price of the radioactive product. As the results show, there is no ⁸⁹Zr production in the Balkan countries.

The technical feasibility analysis focuses on the technical resources available to the organization implementing the proposed idea and includes an assessment of the hardware, software and other technical requirements of the proposed sys-

tem. In the framework of this feasibility study, the technical feasibility analysis is being performed to determine whether the production process of zirconium-89 radioisotope and ⁸⁹Zr-radiopharmaceuticals in UI PET is technically feasible in terms of space and equipment.

The financial analysis, as the first phase of the economic feasibility analysis, is carried out to determine the initial investment for the establishment of zirconium-89 radioisotope production; financial investments (costs) in the process of production of zirconium-89 radioisotope and ⁸⁹Zr-radiopharmaceuticals as well as the price of the product (radioisotope and radiopharmaceutical products).

pharmacoeconomic analysis, as the second phase of the economic analysis, aims to assess the justification for the implementation of ⁸⁹Zr-radiopharmaceuticals in clinical practice. The subject of the pharmacoeconomic analysis is 89Zrtrastuzumab, a radioimmunoconjugate containing the recombinant humanized monoclonal antibody trastuzumab radiolabeled with zirconium-89. ⁸⁹Zr-trastuzumab selected as the subject of pharmacoeconomic analysis on the basis of the preliminary analysis results. As per statistics related to malignant diseases, breast cancer is the most common cancer among women in Macedonia and the most common cause of death from malignant neoplasms in this population. On the other hand, 89Zr-trastuzumab is one of the most common 89Zr-radiopharmaceuticals in clinical trials.

⁸⁹Zr-trastuzumab binds to the extracellular domain of human epi-

dermal growth factor receptor 2 (HER2), enabling visualization and quantification of HER2-expressing tumour cells, by positron-emission tomography.^{4,19} According to the literature data, PET imaging with 89Zrtrastuzumab supports clinical decision-making in patients with breast cancer when HER2 status cannot be determined by standard workup.^{20,21} ⁸⁹Zr-trastuzumab has the potential to characterize the HER2 status of the complete tumour burden in patients with breast cancer, thus obviating repeat or multiple tissue sampling to assess intrapatient heterogeneity of HER2 status.22 HER2-PET imaging with 89Zr-trastuzumab shows excellent tumour tracer uptake and can be used to detect HER2-positive breast cancer metastases and quantifv 89Zr-trastuzumab uptake, noninvasively.23 PET scanning after administration of 89Zr-trastuzumab at appropriate doses allows visualization and quantification of uptake in HER2-positive lesions in patients with metastatic breast cancer. 19

After completion of all the feasibility analyses, a review of all the data is needed in order to identify favourable and unfavourable factors and circumstances (internal and/or external), that is, to determine the favourable opportunities and/or limitations for the implementation of the proposed idea, as well as the benefits of eventual realization. In the end, after data evaluation, a conclusion on feasibility is made.

Conclusion

When designing feasibility studies, the aspects important for the realization of a given idea should first be evaluated and consequently, based on them, the necessary analyses should be defined. We have designed a feasibility study for the establishment of production of zirconium-89 radioisotope and ⁸⁹Zr-radiopharmaceuticals that covers the elements of feasibility related to the technical and financial aspects of the production process, research potentials, but also includes an assessment of the clinical impact of the eventual implementation of ⁸⁹Zr-radiopharmaceuticals in the management of patients with malignant diseases in the Republic of North Macedonia.

References

- European Pharmacopoeia (Ph. Eur.) 10.0, General monographs, Radiopharmaceutical Preparations, 2016; (07/2016:0125).
- 2. United States Pharmacopeia (USP). USP-NF Issue 1. Radioactivity General Chapter, 2021; 821.
- 3. Brandt M, Cardinale J, Aulsebrook ML, Gasser G, Mindt TL. An Overview of PET Radiochemistry, Part 2: Radiometals. J Nucl Med. 2018; 59(10), 1500–1506. https://doi.org/10.2967/jnumed.117.190801
- 4. Yoon JK, Park B N, Ryu EK, An YS, Lee SJ. Current Perspectives on 89Zr-PET Imaging. Int J Mol Sci. 2020; 21(12), 4309. https://doi.org/10.3390/ijms21124309
- 5. Kasbollah A, Eu P, Cowell S, DebP. Review on production of 89Zr in a medical cyclotron for PET radiopharmaceuticals. J Nucl Med Technol. 2013; 41(1), 35–41. https://doi.org/10.2967/jnmt.112.111377
- 6. ClinicalTrials.gov. Available at:

- https://clinicaltrials.gov/
- 7. Severin GW, Engle JW, Barnhart TE, Nickles RJ. 89Zr radiochemistry for positron emission tomography. Med Chem. 2011; 7(5), 389–394. https://doi.org/10.2174/157340611796799186
- 8. Jalilian AR, Osso JA. Production, applications and status of zirconium-89 immunoPET agents. J Radioanal Nucl Chem. 2017; 314, 7–21. https://doi.org/10.1007/s10967-017-5358-z
- 9. Aluicio-Sarduy E, Ellison PA, Barnhart TE, Cai W, Nickles RJ, Engle JW. PET radiometals for antibody labeling. J Labelled Comp Radiopharm. 2018; 61(9), 636–651. https://doi.org/10.1002/ jlcr.3607
- 10. Global Cancer Observatory (GCO), International Agency for Research on Cancer (IARC), 2021. Population Fact Sheets. Available at: https://gco.iarc.fr/today/fact-sheets-populations
- 11. Institute of Public Health of Republic North Macedonia. Mortality Register. Mortality in Republic North Macedonia 2020. Skopje, 2021.
- 12. Institute of Public Health of Republic North Macedonia. Cancer Register. Cancer in the Republic of North Macedonia, 2011-2020. Skopje, 2021.
- 13. IAEA Database of Cyclotrons for Radionuclide Production. Available at: https://nucleus.iaea.org/ sites/accelerators/Pages/Cyclotron.aspx
- 14. Arikian SR, Suver J, Einarson T, Doyle J. Economic and quality of life outcomes: the four-step phar-

- macoeconomic research model. Oncology (Williston Park). 1995; 9 (11 Suppl), 33-36.
- 15. Walley T, Haycox A. Pharmacoeconomics: basic concepts and terminology. Br J Clin Pharmacol. 1997; 43(4), 343–348. https://doi.org/10.1046/j.1365-2125.1997.00574.x
- 16. Tömöri G, Bács Z. Application of Cost Analysis Methods in Pharmacoeconomic Decisions. Procedia Economics and Finance. 2015; 32, 416-422. https://doi. org/10.1016/S2212-5671(15)01412-4
- 17. Tonin FS, Aznar-Lou I, Pontinha VM, Pontarolo R, Fernandez-Llimos F. Principles of pharmacoeconomic analysis: the case of pharmacist-led interventions. Pharm Pract. 2021; 19(1), 2302. https://doi.org/10.18549/Pharm-Pract.2021.1.2302
- 18. Bowen D, Kreuter M, Spring B, Cofta-Woerpel L, Linnan L, Weiner D, et al. How we design feasibility studies. Am J Prev Med. 2009; 36(5), 452–457. https://doi.org/10.1016/j.amepre.2009.02.002
- 19. Dijkers EC, Oude Munnink T H, Kosterink JG, Brouwers A H, Jager P L, de Jong JR, et al. Biodistribution of 89Zr-trastuzumab and PET imaging of HER2-positive lesions in patients with metastatic breast cancer. Clin Pharmacol Ther. 2010; 87(5), 586–592. https://doi.org/10.1038/clpt.2010.12
- 20. Gaykema SB, Brouwers AH, Hovenga S, Lub-de Hooge MN, de Vries EG, Schröder CP. Zirconium-89-trastuzumab positron emission tomography as a

- tool to solve a clinical dilemma in a patient with breast cancer. J Clin Oncol. 2012; 30(6), e74–e75. https://doi.org/10.1200/ JCO.2011.38.0204
- 21. Bensch F, Brouwers AH, Lub-de Hooge MN, de Jong JR, van der Vegt B, Sleijfer S, et al. 89Zr-trastuzumab PET supports clinical decision making in breast cancer patients, when HER2 status cannot be determined by standard work up. Eur J Nucl Med Mol Imaging. 2018; 45(13), 2300–2306. https://doi.org/10.1007/s00259-018-4099-8
- 22. Dehdashti F, Wu N, Bose R, Naughton MJ, Ma CX, Marquez-Nostra BV, et al. Evaluation of [89Zr]trastuzumab-PET/CT in differentiating HER2-positive from HER2-negative breast cancer. Breast Cancer Res Treat. 2018; 169(3), 523–530. https://doi.org/10.1007/s10549-018-4696-z
- 23. Munnink TO, Dijkers E, Lub-de Hooge M, Kosterink J, Brouwers A, de Jong G, et al. HER-2-PET imaging with 89Zr-trastuzumab in metastatic breast cancer patients. J Clin Oncol. 2009; 27(15_suppl), 1045. https://ascopubs.org/doi/full/10.1200/jco.2009.27.15_suppl.1045